



## New Client Information

*If you are coming as a couple, please each of you fill out this form.*

Date \_\_\_\_\_

Client's Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Spouse/Partner's Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip Code \_\_\_\_\_

How did you hear about Sharon Covington? \_\_\_\_\_

\* For the following contact information please provide phone and email addresses that are **ONLY** accessed by you. Please initial next to the phone and email that you provide consent/permission for Mrs. Covington to contact you at these numbers. Please star preferred contact information.

Home Telephone (\_\_\_\_)\_\_\_\_-\_\_\_\_\_

Work Telephone (\_\_\_\_)\_\_\_\_-\_\_\_\_\_

Cell Telephone (\_\_\_\_)\_\_\_\_-\_\_\_\_\_

E-Mail \_\_\_\_\_

Birth Date \_\_\_\_\_ Age \_\_\_\_\_

Gender: Male Female

Highest Education: High School Some college College degree Master's Doctorate Other

Are you affiliated with a religion or spiritual group? YES NO If yes, specify \_\_\_\_\_

Relationship Status: Single Married Partnered Separated Divorced Widowed

If partner, years together: \_\_\_\_\_ If separated/divorced/widow, for how long: \_\_\_\_\_

Do you have children? YES NO If yes, names/ages: \_\_\_\_\_

Employer Name: \_\_\_\_\_

Have you been in therapy before? Yes No When? \_\_\_\_\_

Who was your previous therapist? \_\_\_\_\_ How long were you in therapy? \_\_\_\_\_

How helpful was it and what was your experience like? \_\_\_\_\_

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Have you ever been evaluated by a psychiatrist for medication? Yes No

Psychiatrist's Name? \_\_\_\_\_ When? \_\_\_\_\_

What was the reason? \_\_\_\_\_

Medications Prescribed: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

Have you ever been hospitalized for mental health issues? Yes No

Where: \_\_\_\_\_ When? \_\_\_\_\_

For how long? \_\_\_\_\_

The reason (s) I/we am/are seeking counseling services at this time: \_\_\_\_\_

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### **PRIMARY COMPLAINTS AT THIS TIME**

Please check **all** that apply:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Depression                  | <input type="checkbox"/> Fertility Issues            | <input type="checkbox"/> Marital Issues              |
| <input type="checkbox"/> Anxiety                     | <input type="checkbox"/> Sexual Dysfunction          | <input type="checkbox"/> Panic Attacks               |
| <input type="checkbox"/> Post-Traumatic Stress       | <input type="checkbox"/> Relationship Problems       | <input type="checkbox"/> Medical Crisis              |
| <input type="checkbox"/> Grief/Loss                  | <input type="checkbox"/> Adjustment to New Situation | <input type="checkbox"/> Pregnancy/Postpartum issues |
| <input type="checkbox"/> Suicidal/Homicidal Thoughts | <input type="checkbox"/> Occupational Difficulties   | <input type="checkbox"/> Other: _____                |

Is there anything else important about you that you'd like to add? \_\_\_\_\_

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